

GET YOURSELF AN **APPOINTMENT**
A C U P U N C T U R E



Do you have pain that won't go away?

Acupuncture can help persistent pain such as:

Back or neck pain

Arthritis

Headaches or migraine

Acupuncture is a form of ancient Chinese medicine that can enhance the body's production of its own healing chemicals and re balance energy levels.

Acupuncture is used with other physiotherapy treatments to ease pain and improve movement in a variety of conditions

such as low back pain, neck pain, limb pain, osteoarthritis, headaches, migraines, and neurological conditions.

Acupuncture that is given as part of the physiotherapy treatment is **covered by most insurance companies**. It uses very fine sterile needles which are disposable. These are carefully put in place and then left in for 20-30 minutes to achieve pain relief.

Our physiotherapists are registered with the Association of Acupuncture Chartered Physiotherapists (AACCP) which ensures acupuncture is provided **within the background of clinical and research evidence**.